

HRUSKA CLINIC RECOMMENDED SHOE LIST FOR 2013/2014

STABILITY

Asics Foundation
 Brooks Ravenna 4 (rocker and good for a narrow heel)
 New Balance 860 V4
 Saucony Guide 7 (rocker)

NEUTRAL

*Asics Cumulus
 Brooks Dyad
 *Brooks Ghost 6
 New Balance 840 V2 (rocker)
 New Balance 880 V3
 Saucony Ride 6

MOTION CONTROL

Brooks Addiction
 New Balance 1340

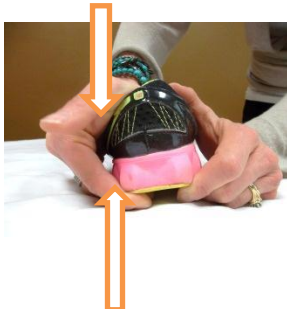
- **“*” Caution with patients that have increase calcaneal inversion/supination/tibial varum**
- New Balance 840 V2 also available in a walking shoe in either white or black

Motion Control: Good for flat feet

Stability: Good for medium/low arch feet and PRI orthotics in some cases

Neutral: Good for high arch feet and best with PRI orthotics

Signs of a Bad Shoe:



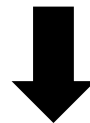
Signs of a Good Shoe:



Heel counter does not fold in



Shoe bends in the toe box easily and not in the middle of the shoe. Toe box bend should not be too stiff



No outside heel give

